

SENIOR CITIZEN SERVICES

Birchwood Apartments – St. John	701-477-5715
Dunseith Senior Citizen Center	701-244-5483
ND Aging & Disability Link	855-462-5465
Senior Meals	
Belcourt	701-477-6609
Rolla & St. John	701-477-6421
Turtle Mountain Retirement Home – Belcourt	701-477-5366

SOCIAL SERVICES

Lake Region Human Service Center	701-665-2200
Rollette County	701-477-3141
Tribal Social Services	701-477-6147

SUICIDE HOTLINE

National Suicide Prevention Hotline	800-273-TALK (8255)
Turtle Mountain Outreach Centers	701-244-0199
Youth Suicide Early Intervention & Prevention	701-244-0208

TRANSPORTATION

ND Transit Information Line	800-920-9595
North Dakota Association for the Disabled	701-838-8414
Rolette County Transit (Rolla)	701-477-6421
Turtle Mountain Transit System	701-477-0407

VETERAN RESOURCES

AMVETS	701-451-4642
ND Military Outreach	701-340-2779
ND Veterans Administration	701-451-4644
Supportive Services for Veteran Families	701-662-6500
VA Supportive Housing (HUD-VASH)	701-200-5824
Veteran Crisis Line	800-273-8255, press 1

YOUTH SERVICES

Boys Town	800-448-3000
Little Shell Home for Youth	701-477-8610
National Runaway Safeline	800-786-2929

ADDITIONAL RESOURCES

North Dakota Tobacco Quit Line	800-388-7848
ND Navigator (health insurance)	800-233-1737
Tobacco Prevention	701-477-7929
The Village Family Service Center (financial)	800-450-4019
St. Vincent de Paul	701-833-1269



For additional copies of this pocket resource guide,
contact MFP Housing at 800-233-1737.

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**WHERE
TO GO
FOR HELP**

This is not a complete list of services. For more information,
call 2-1-1 or visit www.myfirstlink.org.

TURTLE MOUNTAIN RESOURCES

ALCOHOL/SUBSTANCE ABUSE TREATMENT & SUPPORT

5th Generation	701-477-3121
Alcohol Anonymous	888-680-0651
Heartview Foundation	800-337-3160
Lake Region Human Service Center	701-665-2200
Narcotics Anonymous	800-494-8381
ND Dept. of Human Services	701-328-2310
TMCC Substance Abuse Program	701-477-7917

ABUSE

Child Abuse Hotline	800-422-4453
Hearts of Hope Shelter	701-477-0002
Little Shell Youth Center	701-477-8612
Prevent Child Sexual Abuse	800-403-9932
Rolla Crisis Unit.....	701-477-8352
Tribal Child Welfare & Family Services	701-477-5688

ADVOCACY

ND Center for Persons with Disabilities (NDCPD)....	800-233-1737
Protection & Advocacy	800-472-2670
Vulnerable Adult Protective Services.....	855-462-5465

DISABILITY SERVICES

Developmental Disability Services.....	800-607-8610
Independence Inc	800-377-5114
Kalix.....	701-477-9518
ND Center for Persons with Disabilities (NDCPD)....	800-233-1737
ND Client Assistance Program.....	800-472-2670
ND Vocational Rehabilitation	800-755-2745
Turtle Mountain Vocational Rehabilitation.....	701-477-5998

DOMESTIC VIOLENCE

Hearts of Hope Shelter	701-477-0002
National Domestic Violence Hotline	800-799-SAFE (7233)

EMERGENCY SHELTER/SHELTER ASSISTANCE

Minot Area Homeless Coalition	701-852-6300
Men’s Winter Refuge – Minot (Nov. 1 – Apr. 30)	701-822-2585
Northland’s Rescue Mission – Grand Forks.....	701-722-6600
Project BEE – Minot	701-838-1812

EMPLOYMENT

Job Service of ND	701-328-2825
Quentin Burdick Job Corps – Minot.....	800-733-JOBS
Tribal Employment & Training	701-477-9393
Workforce Investment Act	701-477-6011

FOOD PANTRIES/MEALS

Commodity Warehouse.....	701-477-3857
Dakota Prairie Community Action	701-662-6500
Nutrition United (Rolla).....	701-477-6421
Turtle Mountain Food Pantry.....	701-477-0036

HEALTH & WELLNESS SERVICES

Behavioral Health Clinic (IHS).....	701-477-8458
Community Health Representative.....	701-477-5696
Rolette County Public Health	701-477-5646
Seven Stone Center for Behavioral Health	701-477-0455
Tribal Health Education	701-477-6120
Turtle Mountain Diabetes Program	701-477-0060

HOUSING

Affordable Housing Developers	701-483-4545
Dunseith Housing Authority.....	701-244-5251
High Plains Fair Housing	701-203-1077
Home Improvement Program	701-477-2668
Money Follows the Person Housing (MFP)	800-233-1737
Rolette County Housing Authority	701-246-3421
Turtle Mountain Housing Authority.....	701-477-5673
USDA Rural Development (loans).....	701-530-2037
VA Supportive Housing (HUD-VASH)	701-200-5824

LEGAL ASSISTANCE

Legal Services (Under 60 years old)	800-634-5263
Legal Services (60+ years).....	866-621-9886

MEDICAL/DENTAL SERVICES

Dunseith Clinic	701-244-5698
Northland Community Clinic	
Rolette – Medical & Dental.....	701-852-4600
Rolla – Medical	701-838-3051

MEDICAL ASSISTANCE

Rolette County Medicaid	701-246-3141
Turtle Mountain Medical Assistance	701-477-2600

RENT/UTILITY ASSISTANCE

Low Income Home Energy Program.....	701-477-2668
USDA Rural Development	701-530-2037