

MENTAL HEALTH/ALCOHOL/SUBSTANCE ABUSE

TREATMENT/SUPPORT

A.D.A.P.T. – Behavioral Health Agency	701-255-3717
Alcohol Anonymous.....	701-222-2100
CHI/St. Alexius	701-530-5530
Community Options.....	701-223-2417
Heartview Foundation.....	701-222-0386
Narcotics Anonymous.....	800-494-8381
Native Inc.	701-401-8992
ND Teen Challenge.....	701-667-2131
Sanford Medical Center.....	701-323-6000
West Central Human Services	701-328-8888

TRANSITIONAL LIVING/SHELTERS

Abused Adult Resource Center (domestic violence/sexual assault)	701-222-8370
24-hr. crisis line.....	1-866-341-7009
United Way Emergency Shelter	701-401-5606
Welcome House (families only)	701-751-0142
Women's Action and Resource Center – Beulah	701-873-2274
(domestic violence/simple assault)	
Youthworks.....	701-255-6909
(emergency shelter ages 12-17 & transitional living ages 18-24)	

TRANSPORTATION

Aid Inc	701-663-1274
Capitol Area Transit	701-751-6188
Dakota Taxi	701-989-8676
Native Inc. (clients only).....	701-401-8992
North Dakota Association for the Disabled	800-532-6323
Taxi.....	701-223-9000
Uber/Lyft.....	App on Smart Phone

THRIFT STORES

Aid Inc.	701-663-2122
The Arc	701-258-1410
Dakota Boys and Girls Thrift Store	701-223-7979
Goodwill Store	701-222-7210
Heaven's Helpers Closet 701	701-751-1468
919 E. Main Ave./2306 E. Broadway, Bismarck	
Second Chances	701-751-0208
Seeds of Hope	701-222-8895

ADDITIONAL RESOURCES

Adult Disability Resource Link (ADRL).....	855-462-5465
Bismarck Global Neighbors	701-595-0135
Bismarck Police Department	701-223-1212
Burleigh County Sheriff Department.....	701-222-6651
Emmons County Sheriff Department.....	701-254-4411
Heaven's Helpers Repurpose Store.....	701-757-0405
Kidder County Sheriff Department	701-475-2422
Mandan Police Department	701-667-3250
McLean County Sheriff Department	701-462-8103
Mercer County Sheriff Department	701-745-3333
Morton County Sheriff Department.....	701-667-3330
ND Navigator (health insurance)	800-233-1737
Sheridan County Sheriff Department.....	701-363-2200
Sioux County Sheriff Department	701-854-3481



For additional copies of this pocket resource guide, contact MFP Housing at 800-233-1737.

Revised 8/11/25



WHERE TO GO FOR HELP

This is not a complete list of services. For more information, call 2-1-1 or visit www.myfirstlink.org.

BISMARCK & SURROUNDING AREA RESOURCES:

ACCESS POINTS (If you are homeless you **MUST** start at one of the following highlighted places):

Abused Adult Resource Center (victims of domestic violence) 218 W. Broadway Ave., Bismarck.....	701-222-8370
24-hr. crisis line	1-866-341-7009
Community Action Program	701-258-2240
2105 Lee Ave., Bismarck	
Ministry on the Margins	701-223-6315
201 N. 24th St., Bismarck	
Native, Inc.	701-401-8992
2403 E. Thayer Ave., Bismarck	
United Way Emergency Shelter	701-401-5606
1140 S. 12th St., Bismarck	
Youthworks	701-255-6909
217 W. Rosser Ave., Bismarck (24 years old & younger)	

EMPLOYMENT

ADD Vocational Rehab	701-328-8800
Command Center	701-250-9675
Job Service of ND	701-328-5000
Labor Finders	701-258-6007
Labor Max Staffing.....	701-751-7014
Native Inc.	701-401-8992
People Ready	701-258-9800

HOUSING/RENTAL ASSISTANCE

Aid Inc	701-663-1274
Burleigh County Housing Authority	701-255-2540
Community Action Program.....	701-258-2240
Community Options.....	701-223-2417
Community Works	701-667-7600
High Plains Fair Housing	701-203-1077
Money Follows the Person Housing	800-233-1737
Morton County Housing Authority	701-663-7494
Native Inc.	701-401-8992
North Dakota Housing Finance Agency.....	800-292-8621
Salvation Army	701-223-1889
Standing Rock Housing Authority	701-854-3891
Supportive Services for Veteran Families	701-258-2240
VA Supportive Housing (HUD-VASH).....	701-200-1057
Welcome House.....	701-751-0142

PREPARED MEALS

Dream Center – The Banquet.....	701-955-2150
Heaven’s Helpers Soup Cafe.....	701-751-7687
220 N. 23rd St., Bismarck	
Spirit of Life Church	701-663-1660

ADVOCACY/ADULT SERVICES

Abused Adult Resource Center	
(domestic violence/sexual assault)	701-222-8370
24-hr. crisis line.....	1-866-341-7009
Community Options.....	701-233-2417
HIV/STD/Ryan White Program	701-328-2378
Native Inc.	701-401-8992
ND Center for Persons with Disabilities.....	800-233-1737
Protection & Advocacy	701-328-2950
Social Security.....	877-319-6044
Vulnerable Adult Protection Services	855-462-5465

VETERAN RESOURCES

Service Member & Family Support	701-333-3800
Supportive Services for Veteran Families	701-258-2240
VA Supportive Housing (HUD-VASH)	701-200-1057
Vet Center	701-224-9756

LEGAL ASSISTANCE

Legal Services (Under 60 years old)	800-634-5263
Legal Services (60+ years)	866-621-9886

COUNTY SOCIAL SERVICES

Burleigh County Human Service Zones	701-222-6622
Emmons County Human Service Zones.....	701-254-4502
Grant County Human Service Zones	701-622-3706
McLean County Human Service Zones	
Stanton	701-745-3384
Washburn	701-462-3581
Morton County Human Service Zones	701-667-3395
Sheridan County Human Service Zones	701-363-2281
Sioux County Human Service Zones.....	701-854-3821

EMERGENCY FOOD PANTRY/FOOD ASSISTANCE PROGRAMS

Abundance of Grace Pantry	701-595-0417
Aid Inc	701-663-1274
Bismarck Emergency Food Pantry	701-258-9188
Community Action	701-258-2240
Corpus Christi Church	701-255-4600
Great Plains Food Bank	701-232-6219
Ministry on the Margins.....	701-223-6315
Salvation Army	701-223-1889
SNAP Hotline.....	855-405-0000
Spirit of Life Food Pantry	701-663-1660
Supplemental Nutrition Assistance Program.....	701-222-6622
Women, Infants, & Children Food Program (WIC)	
Bismarck	701-255-3397
Mandan	701-667-3364

MEDICAL/DENTAL SERVICES

Bismarck-Burleigh Public Health	701-355-1540
Bridging the Dental Gap	701-221-0518
CHI/St. Alexius	701-530-7000
Custer Family Health	701-667-3370
Custer Family Planning	701-255-3535
Experience Health ND.....	866-435-4306
First Choice Clinic	701-751-4575
Health Now (on-demand telemedicine)	701-988-9001
Northland Community Health Center	701-255-4242
Sanford Hospital	701-323-6000
UND Family Practice Center	701-751-9500

MEDICATION ASSISTANCE

North Dakota Association for the Disabled	701-838-7345
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