SMP Senior Medicare Patrol
Preventing Medicare Fraud

Volunteer News

Volunteering with SMP

As a volunteer, SMP tries to match your skills and interests to the needs of the program and your community. SMP volunteers may serve Medicare beneficiaries in many ways. What some of our volunteers do:

- Staff exhibits
- Distribute information
- Assist with administrative tasks

Contact the ND SMP office to learn more about volunteering. Together we can make a difference.

SMP Volunteer Risk & Program Management

The Senior Medicare Patrol (SMP) program depends on volunteers to help people who use Medicare. Without good volunteer rules, it can be hard for SMPs to find and work with volunteers.

The Administration for Community Living (ACL) created rules for volunteers to better organize and manage the SMP's volunteer program. These rules explain the values and ideas that guide how volunteers work, set expectations for managing volunteer programs, and explain what volunteers can expect from SMP. The goal of these rules is to make the program safer, more effective, and better overall by giving clear direcizon to both staff and volunteers. These rules also match the SMP's mission and help make sure volunteers have a positive, ethical, and productive experience.

The next quarterly newsletter will talk about certain rules and policies and why they matter for volunteering.

Diversity, Equity, Inclusion,& Accessibility

Diversity, equity, inclusion, and accessibility (DEIA) are more than just fancy words. DEIA means making sure everyone feels treated fairly and welcomed, no matter their background. But why is DEIA important in Senior Medicare Patrol program? It helps create respect, fairness, and a sense of belonging for people who might feel left out in the community. The goal is to reach out, teach, and support people from all kinds of backgrounds—different races, abilities, genders, religions, languages, and cultures—using ways that make sense to them.

Food for Thought

Champagne Breakfast Bake

Ingredients:

- 2 1/2 C. croutons
- 2 C. Shredded cheese
- 2 # Jimmy Dean Sausage
    (1 hot, 1 mild)
- 2 1/2 C. Milk
- 6 eggs
- 3/4 tsp. dry mustard
- 1 can cream of celery soup
- 1/2 C. milk

Directions:

1. Place croutons in greased 9x13 pan.
2. Top with cheese. Brown sausage, drain. Pour over cheese.
3. Beat eggs, mustard & 2 1/2 C. milk. Pour over meat.
4. Cover & refrigerate overnight.
5. In the morning, mix 1/2 C. milk with celery soup. Pour over top.
6. Bake in 325 degree oven for 1 1/2 hours. Cover with foil for first half of baking.
7. Serves 6-8.

Tip for preventing fraud: Always safeguard your Medicare number, only share it with trusted healthcare providers.

Volunteer Spotlight

Tony Wanner is our featured volunteer in this newsletter. Since joining SMP as a volunteer in 2013, Tony has been dedicated to sharing the Scam of the Month updates with members of the Golden Valley Senior organization in Beach, North Dakota. A member of the Golden Valley Seniors since 2009, Tony has also served as the organization's president in the past.

After retiring in 2002 from his role as a weigh station operator with the Highway Patrol, Tony has embraced his love for camping, fishing, and spending quality time with his children and grandchildren. Tony, we deeply appreciate your commitment to supporting your community and are grateful for all that you do.

Interested in becoming a Volunteer?

Interested in volunteering for ND SMP? Call **833-818-0029** to find out how you can be of service to your community. *SMP needs your help.*

VOLUNTEERS
A Gift To The Community