

DOMESTIC VIOLENCE CRISIS CENTER	701-852-2258
Crisis Line	701-857-2200
Rape Crisis Line	701-857-2500

ADVOCACY

ND Center for Persons with Disabilities (NDCPD)....	800-233-1737
Protection & Advocacy	800-472-2670
Vulnerable Adult Protective Services.....	855-462-5465

COUNTY SOCIAL SERVICES

Burke County	701-377-2313
Bottineau County.....	701-228-3613
McHenry County	701-537-5944
Mountrail County	701-628-2824
Renville County.....	701-756-6374
Pierce County.....	701-776-5818
Ward County.....	701-852-3552

TRANSPORTATION

Central Cab Company	701-852-8000
City Bus	701-857-4140
North Dakota Association for Disabled.....	701-838-8414
Souris Basin Transportation	701-852-8008
Taxi 9000.....	701-852-9000

TRANSPORTATION ASSISTANCE

Community Action	701-839-7221
Minot Area Homeless Coalition	701-852-6300
North Dakota Association for the Disabled	701-838-8414
Salvation Army (medical appointments only)	701-838-8925
Community Travel Assistance	
Minot Police Department	701-852-0111

VETERAN RESOURCES

ND Military Outreach	701-340-2779
Supportive Services for Veteran Families	701-839-7221
Vet Center	701-852-0177
Veteran Crisis Line	1-800-273-8255, press 1
Ward County Veteran Services	701-857-6492

ADDITIONAL RESOURCES

Commission on Aging	701-852-0561
Community Medical Services	701-858-1801
Community Options	701-223-2417
Dakota Family Services (mental health)	701-833-1269
Diaper Pantry.....	701-838-1812
Fresh Start Shower Program	701-838-1812
Harmony Center (mental health).....	701-852-3263
Identification Assistance (Homeless Coalition)	701-852-6300
Independence Inc. (disabilities)	701-839-4724
KALIX	701-852-1014
Magic City Blessing Bank	701-721-8290
ND Navigator (health insurance)	800-233-1737
Northland Pace	701-857-8045
Second Story (adults with I/DD).....	701-838-0912
St. Vincent de Paul	701-833-1269



For additional copies of this pocket resource guide, contact MFP Housing at 800-233-1737.

Revised 4/11/24



**WHERE
TO GO
FOR HELP**

This is not a complete list of services. For more information, call 2-1-1 or visit www.myfirstlink.org.

MINOT AREA RESOURCES

ACCESS POINTS (If you are homeless, you MUST start at the following highlighted place):

Project BEE	701-838-1812
205 3rd Ave. SE, Minot	

ALCOHOL/SUBSTANCE ABUSE TREATMENT & SUPPORT

A.D.A.P.T. – Behavioral Health Agency	701-858-9026
Alcohol Anonymous	888-680-0651
Community Medical Services	701-858-1801
Corner Stone Addiction Services	701-839-0474
F5 Project	1938 S Broadway, 701-412-6866
Heartview Foundation	800-337-3160
Narcotics Anonymous	800-494-8381
North Central Human Service Center	701-857-8500
The Sanctuary Sober Living Home for Women	701-500-2216

EMERGENCY SHELTER/SHELTER ASSISTANCE

F5 Project	1938 S Broadway, 701-412-6866
Minot Area Homeless Coalition	701-852-6300
Men's Winter Refuge (Nov. 1 – Apr. 30)	701-822-2585
Project BEE	701-838-1812
St. Vincent de Paul	701-833-1269

HOUSING

Affordable Housing Developers	701-483-4545
F5 Project	1938 S Broadway, 701-412-6866
High Plains Fair Housing	701-203-1077
Minot Housing Authority	701-852-0485
Money Follows the Person Housing (MFP)	701-858-3405
Supportive Services for Veteran Families	701-839-7721
USDA Rural Development (loans)	701-852-1754 ext.123

RENT/UTILITY ASSISTANCE

Community Action	701-839-7221
Community Options	701-223-2417
Minot Area Homeless Coalition	701-852-6300
Salvation Army	701-838-8925
St. Vincent de Paul	701-833-1269

THRIFT STORES

4R Home Thrift	2031 N Broadway
Community Closet (free clothing)	701-838-1812
Dakota Boys & Girls Ranch Store	1206 S Broadway
Goodwill Retail Store	1405 S Broadway
Matthew 25 Project	701-922-2622, 2410 30th Ave. NW
Restore	112 2nd Ave. SW

EMPLOYMENT

Elwood Staffing	701-839-1940
Experience Works	701-838-9675
F5 Project	1938 S Broadway, 701-412-6866
Hirequest Direct	701-839-9675
Job Service of ND	701-857-7500
ND Vocational Rehabilitation	701-857-8500
Red Fox Staffing	701-822-1559
Rehab Services	701-839-4240
Utah Construction Personnel	701-838-0830

LEGAL ASSISTANCE

Legal Services (Under 60 years old)	800-634-5263
Legal Services (60+ years)	866-621-9886

MEDICAL/DENTAL SERVICES

Dakota Hope Clinic	701-852-4673
First District Health Unit	701-852-1376
Northland Community Health Center	
Medical	701-852-4600
Dental	701-838-3051
VA Outpatient Clinic	701-418-2600

MEDICATION ASSISTANCE

Community Action	701-839-7221
Minot Area Homeless Coalition	701-852-6300
North Dakota Association for the Disabled	701-838-8414
Northland Community Health Center	701-852-4600
Salvation Army	701-838-8925

FOOD PANTRIES

Community Action (emergency only)	701-839-7221
The Lord's Cupboard	MON, WED, FRI 11:00 AM – 2:00 PM TUE 5:30 PM – 7:30 PM 1525 Burdick Expy. W..... 701-822-2263
Our Lady of Grace	MON, TUE, THUR, FRI 1 PM – 4 PM 715 16th Ave. SW..... 701-839-5520
Salvation Army (emergency only)	701-838-8925

PREPARED MEALS

Faith United Methodist Church	MON 11:30 AM – 12:30 PM 5900 US Hwy 83 701-838-1540
Christ Lutheran Church (Katie's Kitchen)	TUE 11:30 AM – 12:30 PM 502 17th St. NW 701-838-9561
Immanuel Baptist Church	WED 11:30 AM – 12:30 PM 1615 2nd St. SE..... 701-839-3694
Cornerstone Presbyterian Church	WED 5:30 PM – 6:30 PM 1000 3rd St. NE..... 701-852-0315
St. Leo's Church	THUR 5:30 PM – 6:30 PM 218 1st St. SE 701-838-1618
First Lutheran Church	FRI 11:30 AM – 12:30 PM 120 5th Ave. NW 701-852-4853
Cornerstone Presbyterian Church	SAT 9:30 AM – 10:30 AM 1000 3rd St. NE..... 701-852-0315
Seventh Day Adventist Church	SUN 11:30 AM – 12:30 PM 10 17th Ave. SW 701-839-6478