

## MENTAL HEALTH/ALCOHOL/SUBSTANCE ABUSE

### TREATMENT/SUPPORT

A.D.A.P.T. – Behavioral Health Agency .....	701-255-3717
Alcohol Anonymous .....	701-222-2100
CHI/St. Alexius .....	701-530-5530
Heartview Foundation .....	701-222-0386
Narcotics Anonymous .....	800-494-8381
Native Inc. ....	701-595-5181
ND Teen Challenge .....	701-667-2131
Sanford Medical Center .....	701-323-6000
West Central Human Services .....	701-328-8888

### TRANSITIONAL LIVING/SHELTERS

#### Abused Adult Resource Center

(domestic violence/sexual assault) .....	701-222-8370
24-hr. crisis line .....	1-866-341-7009

**United Way Emergency Shelter** .....

701-401-5606

**Welcome House** (families only) .....

701-751-0142

**Women’s Action and Resource Center – Beulah** .....

701-873-2274

(domestic violence/simple assault)

**Youthworks** .....

701-255-6909

(emergency shelter ages 12-17 & transitional living ages 18-24)

### TRANSPORTATION

**Aid Inc.** .....

701-663-1274

**Capitol Area Transit** .....

701-751-6188

**Dakota Taxi** .....

701-989-8676

**Native Inc. (clients only)** .....

701-595-5181

**North Dakota Association for the Disabled** .....

800-532-6323

**Taxi** .....

701-223-9000

**Uber/Lyft** .....

App on Smart Phone

## THRIFT STORES

<b>Aid Inc.</b> .....	701-663-2122
<b>The Arc</b> .....	701-258-1410
<b>Dakota Boys and Girls Thrift Store</b> .....	701-223-7979
<b>Goodwill Store</b> .....	701-222-7210
<b>Heaven’s Helpers Closet 701</b> .....	701-751-1468
919 E. Main Ave./2306 E. Broadway, Bismarck	
<b>Second Chances</b> .....	701-751-0208
<b>Seeds of Hope</b> .....	701-222-8895

### ADDITIONAL RESOURCES

<b>Adult Disability Resource Link (ADRL)</b> .....	855-462-5465
<b>Bismarck Global Neighbors</b> .....	701-595-0135
<b>Bismarck Police Department</b> .....	701-223-1212
<b>Burleigh County Sheriff Department</b> .....	701-222-6651
<b>Emmons County Sheriff Department</b> .....	701-254-4411
<b>Heaven’s Helpers Repurpose Store</b> .....	701-757-0405
<b>Kidder County Sheriff Department</b> .....	701-475-2422
<b>Mandan Police Department</b> .....	701-667-3250
<b>McLean County Sheriff Department</b> .....	701-462-8103
<b>Mercer County Sheriff Department</b> .....	701-745-3333
<b>Morton County Sheriff Department</b> .....	701-667-3330
<b>ND Navigator</b> (health insurance) .....	800-233-1737
<b>Sheridan County Sheriff Department</b> .....	701-363-2200
<b>Sioux County Sheriff Department</b> .....	701-854-3481



For additional copies of this pocket resource guide, contact MFP Housing at 800-233-1737.

Revised 5/19/23



# WHERE TO GO FOR HELP

This is not a complete list of services. For more information, call 2-1-1 or visit [www.myfirstlink.org](http://www.myfirstlink.org).

### BISMARCK & SURROUNDING AREA RESOURCES:

**ACCESS POINTS (If you are homeless you MUST start at one of the following highlighted places):**

<b>Abused Adult Resource Center</b> (victims of domestic violence) 218 W. Broadway Ave., Bismarck .....	701-222-8370
24-hr. crisis line .....	1-866-341-7009
<b>Community Action Program</b> .....	701-258-2240
2105 Lee Ave., Bismarck	
<b>Ministry on the Margins</b> .....	701-223-6315
201 N. 24th St., Bismarck	
<b>Native, Inc.</b> .....	701-595-5181
2403 E. Thayer Ave., Bismarck	
<b>United Way Emergency Shelter</b> .....	701-401-5606
1140 S. 12th St., Bismarck	
<b>Youthworks</b> .....	701-255-6909
217 W. Rosser Ave., Bismarck (24 years old & younger)	

## EMPLOYMENT

ADD Vocational Rehab .....	701-328-8800
Command Center .....	701-250-9675
Community Options .....	701-751-1406
Job Service of ND .....	701-328-5000
Labor Finders .....	701-258-6007
Labor Max Staffing.....	701-751-7014
Native Inc. ....	701-595-5181
People Ready .....	701-258-9800

## HOUSING/RENTAL ASSISTANCE

Aid Inc .....	701-663-1274
Burleigh County Housing Authority .....	701-255-2540
Community Action Program.....	701-258-2240
Community Works .....	701-667-7600
High Plains Fair Housing .....	701-203-1077
Money Follows the Person Housing .....	800-233-1737
Morton County Housing Authority .....	701-663-7494
Native Inc. ....	701-595-5181
North Dakota Housing Finance Agency.....	800-292-8621
Salvation Army .....	701-223-1889
Standing Rock Housing Authority .....	701-854-3891
Supportive Services for Veteran Families .....	701-258-2240
VA Supportive Housing (HUD-VASH).....	701-200-1057
Welcome House.....	701-751-0142

## PREPARED MEALS

Dream Center – The Banquet.....	701-955-2150
Heaven’s Helpers Soup Cafe.....	701-751-7687
220 N. 23rd St., Bismarck	
Spirit of Life Church .....	701-663-1660

## ADVOCACY/ADULT SERVICES

Abused Adult Resource Center (domestic violence/sexual assault) .....	701-222-8370
24-hr. crisis line.....	1-866-341-7009
HIV/STD/Ryan White Program .....	701-328-2378
Native Inc. ....	701-595-5181
ND Center for Persons with Disabilities.....	800-233-1737
Protection & Advocacy .....	701-328-2950
Social Security.....	877-319-6044
Vulnerable Adult Protection Services .....	855-462-5465

## VETERAN RESOURCES

Service Member & Family Support .....	701-333-3800
Supportive Services for Veteran Families .....	701-258-2240
VA Supportive Housing (HUD-VASH).....	701-200-1057
Vet Center .....	701-224-9756

## LEGAL ASSISTANCE

Legal Services (Under 60 years old) .....	800-634-5263
Legal Services (60+ years) .....	866-621-9886

## COUNTY SOCIAL SERVICES

Burleigh County Human Service Zones .....	701-222-6622
Emmons County Human Service Zones.....	701-254-4502
Grant County Human Service Zones .....	701-622-3706
McLean County Human Service Zones	
Stanton .....	701-745-3384
Washburn .....	701-462-3581
Morton County Human Service Zones .....	701-667-3395
Sheridan County Human Service Zones .....	701-363-2281
Sioux County Human Service Zones.....	701-854-3821

## EMERGENCY FOOD PANTRY/FOOD ASSISTANCE PROGRAMS

Abundance of Grace Pantry .....	701-595-0417
Aid Inc .....	701-663-1274
Bismarck Emergency Food Pantry .....	701-258-9188
Community Action.....	701-258-2240
Corpus Christi Church .....	701-255-4600
Great Plains Food Bank .....	701-232-6219
Ministry on the Margins.....	701-223-6315
Salvation Army .....	701-223-1889
SNAP Hotline.....	855-405-0000
Spirit of Life Food Pantry .....	701-663-1660
Supplemental Nutrition Assistance Program.....	701-222-6622
Women, Infants, & Children Food Program (WIC)	
Bismarck .....	701-255-3397
Mandan .....	701-667-3364

## MEDICAL/DENTAL SERVICES

Bismarck-Burleigh Public Health .....	701-355-1540
Bridging the Dental Gap .....	701-221-0518
CHI/St. Alexius .....	701-530-7000
Custer Family Health .....	701-667-3370
Custer Family Planning .....	701-255-3535
Experience Health ND.....	866-435-4306
First Choice Clinic .....	701-751-4575
Health Now (on-demand telemedicine) .....	701-988-9001
Northland Community Health Center .....	701-255-4242
Sanford Hospital .....	701-323-6000
UND Family Practice Center .....	701-751-9500

## MEDICATION ASSISTANCE

North Dakota Association for the Disabled .....	701-838-7345
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