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### **SOCIAL MEDIA**

Website https://ndcpd.org/smp/

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# SMP Volunteer News

**Preventing Medicare Fraud** 

## **Medicare Fraud Prevention Week**



Medicare Fraud Prevention Week focuses on the actions everyone can take to prevent Medicare fraud, errors, and abuse. Medicare Fraud Prevention Week starts June 5, or 6/5, because most people become eligible for Medicare when they turn 65. Medicare Fraud Prevention Week is hosted by the Senior Medicare Patrol, known as SMP. Follow us on Facebook for daily updates.

## SMP Volunteer Risk & Program Management

#### Purpose of the SMP Volunteer Risk and Program **Management (VRPM) Policies?**

The purpose of these volunteer policies is to strengthen the quality, effectiveness, and safety of the SMP volunteer program through guidance and direction.

The volunteer policies are intended to support program management, they do not represent a binding contractual or personnel agreement.

The VRPM policies support the mission of SMP...to empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect and report suspected Medicare fraud...

Source of Information: SMP National Resource Center. SMP Volunteer Program Management (Sept. 2022).

## **Diversity, Equity & Inclusion**

In the last newsletter, I started a dialog about diversity, equity, and inclusion. These are closely linked values that many organizations follow to show support of different groups of individuals. We already discussed diversity, now let's look at **equity.** How do we define equity? Equity promotes equal treatment, access and opportunity for all people. Equity attempts to identify and remove barriers that prevent some groups from fulling participating in society.

# **Food for Thought**

#### **Pineapple Pretzel Squares**



#### **Ingredients:**

- 2 C. finely crushed pretzels
- 3/4 C. melted butter
- 1 C. + 3 Tbsp. sugar, divided
- 2 (4-serving) pkg pineapple gelatin
- 2 C. boiling water
- 1 C. ice water
- 1 (20-oz) can crushed pineapple, drained well
- 2 (8-oz) pkgs cream cheese
- 1 (12-oz) container frozen whipped topping, thawed.

#### **Directions:**

- 1.  $\overline{\text{Coat a } 9x13}$  baking dish with cooking spray.
- 2. Preheat oven to 400°
- 3. In bowl, combine crushed pretzels, butter, and 3 T. sugar. Press mixture into bottom of baking dish.
- 4. Bake 8 minutes. Allow to cool.
- 5. In bowl, dissolve gelatin in boiling water. Stir in ice water and pineapple, chill until slightly set.
- 6. In another bowl, beat cream cheese and remaining sugar until smooth and creamy. Fold in 3 cups whipped topping and spread evenly over pretzel crust. Spread pineapple mixture over the cream cheese layer.
- 7. Cover and chill for at least 4 hours or until firm. Cut into squares and dollop with remaining whipped topping.

Source: Mr. Food. (25 Apr 23). Pineapple Pretzel Squares. https://www.mrfood.com/Misc-Desserts/Pineapple-Pretzel-Squares

Tip for preventing fraud: What can you do to stop new Medicare card scams? Guard your Medicare card and number like a credit card. Don't share your number!

## **Volunteer Spotlight**



Community members can help by looking out for older neighbors. When in public, they can be aware of older individuals purchasing gift cards in large amounts. They can encourage those they know to talk to a trusted source about their Medicare questions and tell neighbors about the most recent Medicare scams. They can even consider volunteering with the local SMP!

Contact ND SMP about volunteering to help in the fight against Medicare fraud in your community.

## Interested in becoming a Volunteer?

Interested in volunteering for ND SMP? Call **833-818-0029** to find out how you can be of service to your community. *SMP needs your help.* 

