**Module .39 - Supporting People with Disabilities in the Community**

**June 2022**

**Feedback Exercises**

**Chapter 1 Feedback Exercises**

True or False

\_\_\_\_\_1. Getting to know a person with disabilities takes more than just knowing his or her label.

\_\_\_\_\_2. Lead poisoning is an example of an environmental cause that can lead to a disability.

\_\_\_\_\_3. Most learning takes place in informal settings and interactions.

\_\_\_\_\_4. The original intent of labels was to provide a medical description of different levels of disability.

\_\_\_\_\_5. Labels can give people with disabilities access to services.

\_\_\_\_\_6. As a DSP, you are not responsible for responding to routine health care events such as seizures or diabetes.

\_\_\_\_\_7. When you ask a person with disabilities about which movie they would like to see, you are supporting decision making.

\_\_\_\_\_8. When you are acting on behalf of an individual who cannot speak for him or herself, you are serving as an advocate.

\_\_\_\_\_9. Part of showing respect for a person is to listen to him/her and support their decisions, even though you may not agree with them.

\_\_\_\_\_10. Active Support helps people with disabilities be engaged throughout each day, including those with the most significant disabilities.

\_\_\_\_\_11. Active Support recommends doing things for a person with a disability to save time and frustration.

\_\_\_\_\_12. Active Supports are used only in home settings.

\_\_\_\_\_13. Doing things *for* a person with a disability takes away opportunities for them to learn and become self-directed.

\_\_\_\_\_14. The team process for supporting people with disabilities is ongoing.

\_\_\_\_\_15. The law that protects a person’s health information is known as HIPAA.

\_\_\_\_\_16. To share information about a person with disabilities, consent must be obtained from the person being support or his/her guardian.

\_\_\_\_\_17. Discussions with another staff person about the progress of a person you support do not need to be done in a private area since you are both on the same team.

18. Explain this statement: “Choice must be balanced with reality, responsibility, and safety.”

19. What are 5 negative consequences of labeling?

20. What are the core elements of Active Support?

**Chapter 2 Feedback Exercises**

True or False

\_\_\_\_\_1. The needs of people who have disabilities should have more influence on disability policy than society’s attitudes and beliefs.

\_\_\_\_\_2. Throughout history, people with disabilities have been welcomed and included in their communities.

\_\_\_\_\_3. During some periods of history, people with disabilities were not allowed to get married or have children.

\_\_\_\_\_4. As a result of the parent movement, some people with disabilities began to live, work, and be part of their communities.

\_\_\_\_\_5. The most important person to determine how services should be provided is the person being supported.

\_\_\_\_\_6. The Life Skills and Transition Center has the capacity to serve people with complex/high intensity needs who cannot be safely served in the community..

7. Explain the effects of the deinstitutionalization movement on the lives of people with disabilities.

Match each statement to the correct category of barrier.

a. Environmental Barrier

b. Cultural Barrier

c. Economic Barrier

\_\_\_\_8. A person who uses a wheelchair cannot talk to the receptionist at her doctor’s office because the counter is too high.

\_\_\_\_9. A person with disabilities is working less hours and earning lower wages than his coworker doing the same job.

\_\_\_\_10. Children bully classmates with disabilities.

11. What are 6 key components of inclusive services?

**Chapter 3 Feedback Exercises**

True or False

\_\_\_\_\_1. Respect is more than the absence of negative comments or actions.

\_\_\_\_\_2. Maintaining confidentiality is one way to show respect for people with disabilities.

\_\_\_\_\_3. It is okay to complete personal care activities for a person you support in front of others as long as everyone knows each other.

\_\_\_\_\_4. DSPs should correct people with disabilities or their families if they do not use People First Language.

\_\_\_\_\_5. When people with disabilities are viewed as “eternal children,” they do not have opportunities to think and act as adults.

\_\_\_\_\_6. If a person with disabilities wears the same style of clothing as other people the same age, it is an example of age-appropriateness.

\_\_\_\_\_7. If an adult you support has intellectual disabilities and difficulty communicating, it is okay to use “baby talk” while talking with him/her.

\_\_\_\_\_8. Holding onto a backpack is more age-appropriate than holding a stuffed animal to help a 30-year-old man stay calm at work.

\_\_\_\_\_9. When a person with disabilities has a network of individuals to provide support in meeting his or her goals, it is known as social capital.

\_\_\_\_\_10. It is important for people with disabilities to have opportunities to learn from natural consequences.

\_\_\_\_\_11. It is important to balance risk with health protection and safety.

\_\_\_\_\_12. CQL surveyors might interview people receiving services as part of agency monitoring.

\_\_\_\_\_13. People with disabilities should be allowed to take risks as long as they are balanced with reasonable protection and safety.

14. What is the difference between People First Language and Identity First Language?

15. Using the guidelines presented in this chapter (e.g., presenting the person before the disability, focusing on who the person *is* rather than what the person *has*, and describing what the person *needs* rather than his or her “problems”), correct each of the following sentences. Some of the sentences may have more than one item to fix. The first two corrected sentences are provided as samples.

She has an autistic daughter. (Incorrect)

         Her daughter has autism. (Correct)

 He has reading problems. (Incorrect)

          He uses large print reading material. (Correct)

1. The Arc is an organization that helps the intellectually handicapped.
2. He has behavior problems.
3. A special education teacher has many opportunities to help the mentally retarded.
4. I donate money to organizations that help the handicapped.
5. After suffering a spinal cord injury, he became a paraplegic and was confined to a wheelchair.

16. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ rights include the right to equal protection under the law and the right to due process. \_\_\_\_\_\_\_\_\_\_\_\_\_ rights come from specific laws.

17. What are 5 areas of civil rights protected by the Americans with Disabilities Act?

18. What was the impact of the Olmstead Decision?

19. Matching

a. normalization

b. social role valorization

c. social capital

d. age-appropriate

e. due process

\_\_\_\_ Describes the ties and trust that we have with other people, including our families, friends, neighbors, social groups, and coworkers.

\_\_\_\_ Wearing clothing similar to other people of the same age and exploring hobbies and recreation activities similar to other people who are similar in age.

\_\_\_\_ Patterns and conditions of everyday life that are similar to other people of the same age.

\_\_\_\_ Rights can only be restricted in rare circumstances and only when proper procedures are followed.

\_\_\_\_ Assisting people with disabilities to fill roles that are positively valued by others.

20. What is the Developmental Assumption?

**Chapter 4 Feedback Exercises**

True or False

\_\_\_\_\_1. Accreditation by CQL is optional for North Dakota agencies.

\_\_\_\_\_2. Agencies use Personal Outcome Measures® to help ensure people choose where they live and work, who their friends are, that they are safe and respected, and choose their own goals.

\_\_\_\_\_3. According to HCBS guidelines, people must receive support in the most integrated setting.

\_\_\_\_\_4. DSP responsibility during agency monitoring is to answer questions completely and honestly.

\_\_\_\_\_5. There is a Protection and Advocacy system for people with disabilities in each state and territory.

\_\_ \_\_6. DD Program Management is the single point of entry into the DD service delivery system.

\_\_ \_\_7. Each eligible person is assigned a DD Program Manager who helps connect the person to services

\_\_ \_\_8. DDPMs ensure effective management of DD services.

9. What is the goal for external monitoring services of provider agencies?

10. What are the 3 indicators under the “My Choices” factor of CQL’s Personal Outcome Measures?

**Chapter 5 Feedback Exercises**

True or False

\_\_\_\_\_1. A developmental disability occurs before age 22.

\_\_\_\_\_2. Developmental disabilities always go away once the person reaches adulthood.

\_\_\_\_\_3. Developmental disabilities cause limitations in daily living.

\_\_\_\_\_4. Only people with a low socioeconomic level are affected by developmental disabilities.

\_\_\_\_\_5. It is best to teach individuals with intellectual disabilities in the environments where they need to use the skills they are using.

\_\_\_\_\_6. The person with disabilities should have a key role in the person-centered planning process.

\_\_\_\_\_7. Not all people who have intellectual disabilities have a developmental disability.

8. What are 5 general tips to use when supporting people who have Intellectual or developmental disabilities?

9. What are 6 considerations for selecting goals for people you support?

10. What is partial participation?

11. Give 3 examples of natural supports.

12. Why does the team do assessments?