

## Module 47 - Oral Hygiene and Dental Care (R4-20)

## Feedback Exercises

## Chapter 1: Feedback Exercises

1. List 4 symptoms that could indicate oral health problems.
2. Explain how oral health can affect general health.
3. Explain how some medication can affect oral health.
4. T or F Tobacco products do not affect oral hygiene.
5. T or F Choose a hard-bristled toothbrush that fits the mouth comfortably.
6. T or F Behavior problems can complicate oral health care.
7. T or F . Soft oral tissues—gums, cheek lining, tongue—can be affected by medications.
8. T or F A major contributing factor to dental disease is plaque.

## **Chapter 2: Feedback Exercises**

1. What is active support?

What are the four essentials of Active Support?

2. List 4 basics for brushing teeth.
3. List 3 guidelines for the care of dentures:
4. List 3 basic for flossing teeth:
5. Give some examples of adaptive equipment that can be used to increase independence for oral hygiene activities.

6. What are 5 non-restrictive things that can be tried if someone is refusing oral hygiene?
7. What are 3 resources the team can use to find oral hygiene equipment that works most effectively for people?
8. List 3 foods that people wearing braces on their teeth should avoid.
9. List 2 safety and sanitation precautions that should be taken with oral hygiene activities.

### **Chapter Three Feedback Exercises**

1. What are 4 things discussed in this chapter that you can do to help calm a person who is anxious about going to the Dentist?