

### SENIOR CITIZEN SERVICES

Belcourt Senior Meals .....	701-477-6609
Birchwood Apartments (St. John) .....	701-477-5715
ND Aging & Disability Link .....	855-462-5465
Retirement Home (Belcourt) .....	701-477-5366
Senior Citizens Center (Dunseith) .....	701-244-5483
Senior Meals (Rolla, St. John) .....	701-477-6421

### SOCIAL SERVICES

Lake Region Human Service Center.....	701-665-2200
Rolette County .....	701-477-3141
Tribal Social Services.....	701-477-6147

### SUICIDE HOTLINE

National Suicide Prevention Lifeline .....	800-273-TALK (8255)
Turtle Mountain Outreach Centers .....	701-244-0199
Youth Suicide Early Intervention & Prevention..	701-244-0208

### TRANSPORTATION

ND Transit Information Line .....	800-920-9595
North Dakota Association for the Disabled .....	800-532-6323
Turtle Mountain Transit System.....	701-477-0407

### VETERANS RESOURCES

AMVETS .....	701-451-4642
HUD-VASH (Housing Vouchers for Veterans.....	701-200-5824
North Dakota Military Outreach.....	701-340-2779
North Dakota Veterans Administration.....	701-451-4644
Support Services for Veteran Families.....	701-662-6500
Veterans Crisis Line .....	800-273-8255 Opt. 1

### YOUTH SERVICES

Boys Town .....	800-448-3000
Little Shell Home for Youth .....	701-477-8610
National Runaway Safeline .....	800-786-2929

### ADDITIONAL SERVICES

North Dakota Tobacco Quit Line .....	800-388-7848
ND Navigator (Insurance) .....	800-233-1737
Tobacco Prevention .....	701-477-7929
The Village Family Service Center (Financial) .....	800-450-4019
Victims of Crime Abuse .....	701-477-5614



For additional copies of this pocket resource guide,  
contact MFP Housing at 800-233-1737.

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This is not a complete list of services. For more information, call 2-1-1 or visit [www.myfirstlink.org](http://www.myfirstlink.org)

### TURTLE MOUNTAIN RESOURCES

#### ALCOHOL/SUBSTANCE ABUSE TREATMENT & SUPPORT

Alcohol Anonymous.....	888-680-0651
5th Generation .....	701-477-3121
Heartview Foundation .....	800-337-3160
Lake Region Human Service Center.....	701-665-2200
Narcotics Anonymous .....	800-494-8381
ND Dept. of Human Services.....	701-328-2310
TMCC Substance Abuse Program .....	701-477-7917

## ABUSE

Child Abuse Hotline .....	800-422-4453
Hearts of Hope Shelter .....	701-477-0002
Little Shell Youth Center .....	701-477-8612
Prevent Child Sexual Abuse .....	800-403-9932
Rolla Crisis Unit .....	701-477-8352
Tribal Child Welfare & Family Services .....	701-477-5688

## ADVOCACY

ND Center for Persons with Disabilities .....	800-233-1737
Protection & Advocacy .....	800-472-2670
Vulnerable Adult Protective Services.....	855-462-5465

## DISABILITY SERVICES

Developmental Disability Services .....	800-607-8610
Independence Inc .....	800-377-5114
Kalix .....	701-477-9518
ND Center for Persons with Disabilities .....	800-233-1737
ND Client Assistance Program .....	800-472-2670
ND Vocational Rehabilitation .....	800-755-2745
Turtle Mountain Vocational Rehabilitation .....	701-477-5998

## DOMESTIC VIOLENCE

Hearts of Hope .....	701-477-0002
National Domestic Violence Hotline .....	800-799-SAFE(7233)

## EMERGENCY SHELTER/SHELTER ASSISTANCE

Men's Winter Refuge (Minot, Nov-Mar) .....	701-822-2585
Minot Area Homeless Coalition .....	701-852-6300
Northland's Rescue Mission (Grand Forks) .....	701-722-6600
YWCA Women's Shelter (Minot) .....	701-838-1812

## EMPLOYMENT

ND Job Service .....	701-328-2825
Quintin Burdick Job Corp .....	800-733-JOBS
Tribal Employment & Training .....	701-477-9393
Vocational Rehabilitation.....	1-800-755-2745
Workforce Investment Act .....	701-477-6011

## FOOD PANTRIES

Commodity Warehouse .....	701-477-3857
Dakota Prairie Community Action .....	701-662-6500
Turtle Mountain Food Pantry .....	701-477-0036

## HEALTH & WELLNESS SERVICES

Behavioral Health Clinic (IHS) .....	701-477-8458
Community Health Representative .....	701-477-5696
Rolette County Public Health .....	701-477-5646
Seven Stone Center for Behavioral Health.....	701-477-0455
Tribal Health Education .....	701-477-6120
Turtle Mountain Diabetes Program .....	701-477-0060

## HOUSING

HUD VASH .....	701-200-5824
Money Follows the Person Housing (MFP) .....	800-233-1737
Home Improvement Program .....	701-477-2668
Turtle Mountain Housing Authority .....	701-477-5673
Dunseith Housing Authority .....	701-244-5251
Rolette County Housing Authority .....	701-246-3421
USDA Rural Development .....	701-530-2037

## LEGAL ASSISTANCE

Legal Services (Under 60 years old) .....	800-634-5263
Legal Services (60+ years) .....	866-621-9886

## MEDICAL/DENTAL SERVICES

Dunseith Clinic .....	701-244-5698
Northland Community Clinic Rolette-Medical & Dental .....	701-246-3391
Rolla-Medical .....	701-477-3111

## MEDICAL ASSISTANCE

Rolette County Medicaid .....	701-477-3141
Turtle Mountain Medical Assistance .....	701-477-2600

## RENT/UTILITY ASSISTANCE

Low Income Home Energy Program .....	701-477-2668
USDA Rural Development .....	701-530-2037