

CD Casts and Webinars 2008-2009

Inclusive Public Policymaking -How to Effectively Involve All Stakeholders in Developing and Promoting Public Policy

By: Barbara Otto
Date: September 24, 2008
Time: 1:30 P.M.-3:00 P.M.
Fee: \$30.00 per site

Description: This session will identify promising practices for involving stakeholders – from the private sector to community-based advocates to individuals – in the effort to build and sustain effective public policy. Ms. Otto will lay out a framework for the public policy continuum and provide concrete strategies for engaging and building effective partnerships with stakeholders throughout the process.

Effective Communication = Effective Workplaces

By: Karen Edens
Date: October 14th
Time: 1:30 P.M.-3:30 P.M.
Fee: \$30.00 per site

Description: Effective communication, a learned skill, can impact the workplace in a significant way. The ability to clearly convey information, resolve conflict and problem solve is an essential element in creating a productive, effective work setting. This session will present a proven communication model designed to assist professionals at all levels of the organization. As a result of this session, participants will be able to: 1) Utilize a communication model designed to enhance workplace communication. 2) Identify communication barriers existing in individual work settings. 3) Assess personal communication patterns. 4) Apply this information in individual work settings.

Transitional Jobs

By: Melissa Young and Tom Alexander
Date: November 18th
Time: 2:00 P.M.-3:30 P.M.
Fee: \$30.00 per site

Description: Transitional Jobs (TJ) is a workforce strategy designed to overcome employment obstacles using a unique combination of time-limited, wage-paying jobs and combining real work, skill development and supportive services to transition participants with barriers to employment successfully into the labor market. Transitional Jobs programs exist in 30 states around the country and are an effective stepping-stone to successful labor market entry for individuals with barriers to employment. TJ programs are opening doors to labor market entry for TANF recipients, disconnected youth, formerly incarcerated persons, persons experiencing homelessness, refugees, persons with disabilities, and many others. Please join us for this call to learn more about Transitional Jobs programs and how you can help support the development of TJ programs in your community.

Reducing the Stigma Associated with Disability What Agencies, Staff, and Families Can Do

By: Kathie Snow
Date: December 10, 2008
Time: 1:00 P.M.-4:00 P.M.
Fee: \$30.00 per site

Description: This training will assist agencies, family members and direct support and other professionals learn what they can do to increase positive public perceptions about people with disabilities. Social marketing techniques to cultivate increased public awareness and appreciation for people with disabilities as well as strategies that individuals can use in everyday interactions with the general public, employers, children, neighbors, and community leaders will be explored."

Making it All Count: The Big Picture of Physical Activity

By: Amy E. Rauworth, MS, RCEP
Date: January 14, 2009
Time: 2:00 P.M. – 3:30 P.M.
Fee: \$30.00 per site

Abstract: There are 1,440 minutes in a day, so finding 30 minutes to devote to physical activity doesn't seem like it should be a challenge. But then life happens and suddenly we find that our time has been hijacked. This session will help you learn how to steal back your minutes and make it all count personally as well as strategies for increasing the amount of physical activity in the lives of the people with disabilities that you support.

Sibling Support

By: Katie Keiling
Date: February 18, 2009
Time: 2:00 P.M.-4:00 P.M.
Fee: \$30.00 per site

Description: Siblings who have a brother or sister with a disability have long been a group that is not recognized for their unique experiences. Siblings typically have the longest latest relationship with their brothers or sisters with disabilities and therefore, it is important to include them in the discussions about future planning, family support, the service system, and advocacy. Though not always considered as key players, siblings can become leaders in the advocacy movement. This session will give background and research on the sibling experience. Tips will be shared for parents and professionals in supporting siblings. Resources for siblings across the lifespan will be given including sibshops, future planning, the Sibling Leadership Network, and more. In many important ways, siblings ARE the future--and are too important to ignore.

Participatory Action Research

By: Angela Weaver-Roebuck and Cathy Haarstad

Date: Part I – March 3, 2009; Part II – March 10, 2009

Time: 1:30 P.M.- 4:30 P.M. each day

Fee: \$30.00 per site

Abstract: You can involve PWD and their families in conducting meaningful research to improve lives and communities. This type of research is called participatory action research. Universities, non-profit agencies and clinics have all found ways to include people from the disability community in finding the answers to important questions about services, systems and strategies. Using material from the National PAR toolkit developed through funding from the Administration on Developmental Disabilities, our speakers Angela Weaver and Cathy Haarstad will provide a thoughtful, humorous and easy-to-follow overview of why agencies should get involved in research and why and how to involve people with disabilities and their families. If you are working at a UCEDD, non-profit agency, school or health care clinic, this training will introduce you to the basics and benefits of planning and conducting participatory action research.

What is the Secondary General Education Teacher's Role in the Transition IEP Planning Process?

By: Presenter(s) from the North Dakota Education Association and the North Dakota Department of Public Instruction

Date: March 24, 2009

Time: 3:00 P.M.-5:00 P.M.

Fee: \$30.00 per site

Description: This session is designed for regular education high school teachers. The intent of the session is to assist the professional in understanding what the federal law mandates as their role in the education of students with disabilities and in the student's transition from high school. The content will include a discussion of the Individuals with Disabilities Improvement Act 2004 specific to secondary transition, inclusion strategies for regular educators, self-advocacy skill building and transitioning to postsecondary education/employment.

Cognitive Skills for Challenging Behaviors

By: Karen Edens

Date: April 15, 2009

Time: 2:00 P.M.– 4:00 P.M.

Fee: \$30.00 per site

Abstract: Trends in Human Service delivery are moving toward identifying motivation for behavior change and utilizing cognitive approaches. These methods have proven both effective and usable. This training session will focus on theory and practical application of motivation and cognitive skills. As a result of this training, participants will be able to: 1) Understand the effect of paradigm shift on behavior change. 2) Apply select cognitive skills methods to change client behavior. 3) Experience the effect of paradigm shift on thinking process. 4) Explore and discuss cognitive changes pertaining to behavior change through exercises and discussion. 5) Apply thinking reports to aid in cognitive change.