

Course Objectives: Participants will be able to:

- Identify factors which lead to challenging (violent/destructive) behavior.
- Explain the meanings of the proactive and reactive supports and the reasons for proactive approaches.
- Recognize external and internal factors which can increase the likelihood of abuse.
- Identify how the power differential can negatively impact relationships.
- Identify the roles and responsibilities of staff who support persons with challenging behavior.
- Provide appropriate support for stages of challenging behavior (adaptive, tension, emotional distress, physical distress, recovery).
- Identify the proactive elements of PBS and compare them to punishment/reactive responses to challenging behavior.
- Use positive methods for calming (de-escalation) and crisis prevention.
- Identify personal feelings & attitudes experienced when dealing with violent or disruptive situations & positive ways to cope.
- Respond therapeutically in crisis situations while keeping themselves and others safe.
- Identify personal strategies to manage stress and maintain healthy relationships.
- Identify factors which lead to power struggles, their role in power struggles, and specific methods to prevent them from escalating.
- Explain the hierarchy of intervention.
- Respond therapeutically using the least restrictive intervention.
- Demonstrate body positioning and verbal techniques for crisis interventions.
- Demonstrate safe releases and blocking.
- Demonstrate safe, least restrictive, manual restraint techniques.

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 **Minot State
UNIVERSITY**
North Dakota Center for
Persons with Disabilities (809)
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Minot, ND 58707

Train-the-Trainer in Therapeutic Responses through Positive Behavior Supports

Instructors:

**JoLynn Anderson-Lacis
Heather Dutenhafer
Dixie Larson
Kim Mathwich
Christina Tosseth
Robyn Schmalenberger**

Dates & Location

**March 20—21, 2018 in Mandan
HIT, Inc.**

Lunch will be provided



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**North Dakota Center
for Persons with Disabilities**

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Train-the-Trainer in Therapeutic Responses through Positive Behavior Supports

Abstract: This two-day workshop is designed as a Train-the-Trainer course to certify instructors for *Therapeutic Responses through Positive Behavior Support*. The first day of the presentation will be taught in the same format that instructors will teach staff in their agency. The second day will include supplemental information for instructors, time to practice teaching, and assessment of content and physical intervention techniques.

Who Should Attend? Participants may include staff who previously taught Therapeutic Intervention or who are new to this role. Participants should be skilled in implementing positive behavior supports, have experience working with individuals with challenging behavior, possess a good understanding of behavior support plans, and know their agency's policies and procedures on restrictive measures, crisis response, and abuse and neglect.

Prerequisites: Participants from DD Provider agencies are required to complete Positive Behavior Supports and Legal Issues module exams and practica prior to attending the class.

Participants from other education and human service sectors are required to know the legal issues related to behavioral supports, abuse and neglect, and the use of physical intervention techniques in their setting. They should also read the *Positive Behavior Supports* training module which will be mailed electronically upon registration.

Dates & Locations:

March 20-21, 2018—HIT, Inc., 2640 Sunset Dr., Mandan. Registration Deadline February 26 2018.

Room Reservations:

Mandan: Room blocks at state rate at the Mandan Comfort Inn & Suites (701-751-7484). Call before 2/23/17 to reserve your room. **Ask for Therapeutic Responses.**

Schedule: Both days are required for certification.

Day 1: 8:30-12:00 noon and 12:30pm—4:30pm

Day 2: 8:30 –12 noon and 12:30pm - 4:30 pm

Lunch will be provided

Fee: \$285 per person (This fee includes the materials (videos, instructors' manual, student workbook, and assessments).

CEUs: This workshop qualifies for 12 ND Social Work contact hours (no charge) and 12 ND Board of Nursing contact hours (no charge). MSU CEUs are pending approval (\$20 recording fee).

Participation is limited to 40 . Registration fees are transferable but **not** refundable.



Train-the-Trainer in Therapeutic Responses through Positive Behavior Supports

Mandan—March 20 & 21, 2018. The registration deadline is **February 26 2018** Late registration will be accepted if space permits).

Make checks payable to Minot State University (\$285.00 per person) Credit Card

1. _____
2. _____
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4. _____
5. _____

Agency or School _____

Address _____

Telephone _____

Email _____

For More Information

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