



PRST ST  
U.S. Postage  
**PAID**  
Permit No. 13  
Minot, ND 58701

Rebecca A. Helgeson is the owner of Beyond Compliance Consulting. Following 30 years of experience working with individuals with intellectual disabilities in ICF/IID, Waiver, Supported & Independent Living and Adult Foster settings, she has consulted in over seventeen states. She has a passion for 'getting it right' when developing objectives and teaching programs in residential and day settings.

**Sponsored by:** The North Dakota Center for Persons with Disabilities, a University Center of Excellence on Developmental Disabilities at Minot State University.

# WEBINAR

## DEVELOPING MEANINGFUL TEACHING PROGRAMS

**By:**  
**Rebecca Helgeson**

**Dates:**  
**FEBRUARY 6, 2018**  
**OR**  
**FEBRUARY 20, 2018**

**Time:**  
**1:00 pm - 3:00 pm**  
**Central Time**



# Webinar: Developing Meaningful Teaching Programs

**By: Rebecca Helgeson**

**Dates:**

**Session 1: Tuesday, February 6, 2018**  
**Session II: Tuesday, February 20, 2018**

**Time:** 1:00 pm – 3:00 pm CT

**Fee:** \$100 per site per session

**Webinar Objectives:**

This presentation will provide methods for assessing what is uniquely important for individuals with multiple levels of intellectual disabilities. Too often the teaching programs that are developed focus on what the Teams believe are important for a person to learn such as dressing, eating, bathing and other activities of daily living. The result has become a system of teaching which ensures individuals do a superb job with hygiene skills, within their capability level, but ignores the quality of life and personal desires of the individual. Wouldn't it be wonderful to adjust this perspective and step away from a library of existing teaching programs and more consistently include individual preferences and desires? To be successful, Teams need to begin by blowing up the boxes and existing forms and develop a new way to look at assessment and objective development. Who is completing assessments? What is being assessed? How are the objectives and methodology developed? What needs to change to bring the focus to quality of life, personal preferences and learning skills that make a difference for the person? Providing a balance of "important to" and "important for" ensures a personal centered approach.

*This brochure is available in alternate formats by contacting: [vickie.brabandt@minotstateu.edu](mailto:vickie.brabandt@minotstateu.edu)*

Often brainstorming and good ideas get lost in translation to paper and performance measures. This presentation is designed to stimulate Team brainstorming and development of teaching programs that meet the ICF/IID requirements while focusing on the wants and desires of the individual. Measurement has been a persistent barrier to many good Team ideas and development of teaching programs. How is happiness measured? How do we develop data collection for confidence and trust? Often this is a matter of drilling down to the foundation of these good ideas. What will increase trust? What will increase happiness? Is there a method to teach the skills that would enhance these feelings? This presentation will explore these ideas and many others. Our industry has spent decades focusing on skills that teach individuals a litany of other hygiene and other basic self-help skills. These skills are certainly important, but ask yourself, "Is this what makes me happy in my life?" Chances are whereas our appearance is something we pay attention to, it is not the be all, end all of our lives. This presentation is designed to apply joy and happiness to those supported in residential and day settings as we develop their teaching programs.

**Who Should Attend?**

Participants who will benefit include staff trainers, social workers, nurses, program coordinators, Qualified Developmental Disabilities Professionals, Developmental Disabilities Program Managers, leadership staff and others who participate in and support personal Overall Service Plans.

**CEUs:**

Complimentary Social Work CEUs are available for Webinars that meet the ND Board of Social Work Examiners criteria for continuing education.

## Registration Developing Meaningful Teaching Programs

The registration deadline is **January 31st**. (Late registration will be accepted if space permits). **Select option below:**

**Session I** (Feb 6, 2018): \_\_\_\_\_

**Session II** (Feb 20, 2018): \_\_\_\_\_

**Agency or School** \_\_\_\_\_

**Contact Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**Telephone** \_\_\_\_\_

**Email** \_\_\_\_\_

**Make checks payable to Minot State University** (\$100.00 per site per session). Mail: Vickie Brabandt, MSU, 500 University Ave W, Minot ND 58707. Credit Card payment (VISA, MasterCard or Discover) phone: 701-858- 3047. Any questions about payment should be directed to Vickie Brabandt at (800) 233-1737 ext 3047 or [vickie.brabandt@minotstateu.edu](mailto:vickie.brabandt@minotstateu.edu)

**For More Information**

**EMAIL or CALL:**

**Kim Mathwich or Vickie Brabandt**  
**(800) 233-1737**

**[kimberly.mathwich@minotstateu.edu](mailto:kimberly.mathwich@minotstateu.edu)**  
**[vickie.brabandt@minotstateu.edu](mailto:vickie.brabandt@minotstateu.edu)**

*North Dakota Center for Persons with Disabilities*