

## MENTAL HEALTH/ALCOHOL/SUBSTANCE ABUSE

### TREATMENT/SUPPORT

A.D.A.P.T. – Behavioral Health Agency .....	701-255-3717
Alcohol Anonymous.....	701-222-2100
Heartview Foundation.....	701-222-0386
Narcotics Anonymous.....	800-494-8381
ND Teen Challenge.....	701-667-2131
Sanford Medical Center.....	701-323-6000
St. Alexius Medical Center.....	701-530-5530
West Central Human Services .....	701-328-8888

### TRANSITIONAL LIVING/SHELTERS

Abused Adult Resource Center.....	701-222-8370
(Domestic Violence/Sexual Assault)	
Ruth Meiers Hospitality House.....	701-222-2108
Welcome House.....	701-751-0142
Women's Action and Resource Center (Beulah) ..	701-873-2274
Youthworks (Ages 12-17).....	701-255-6909

### PREPARED MEALS

Hope on the Horizon.....	701-751-3587
Ministry on the Margins.....	701-426-8747
Soup Kitchen: Heavens Helpers.....	701-751-7687
Spirit of Life Church .....	701-663-1660
The Banquet: Trinity Lutheran Church .....	701-223-3560

## EMERGENCY FOOD PANTRY/FOOD ASSISTANCE PROGRAMS

Abundance of Grace Pantry.....	701-663-8975
Aid Inc .....	701-663-1274
Bismarck Emergency Food Pantry .....	701-258-9188
Community Action.....	701-258-2240
Corpus Christi Church .....	701-255-4600
Ministry on the Margins .....	701-426-8747
Salvation Army.....	701-223-1889
Spirit of Life Food Pantry .....	701-663-1660
Supplemental Nutrition Assistance Program.....	701-222-6622
Women, Infants, & Children Food Program (WIC) ..	701-255-3397

### MEDICAL/DENTAL SERVICES

Bismarck-Burleigh Public Health .....	701-355-1540
Bridging the Dental Gap .....	701-221-0518
Custer Family Health.....	701-667-3370
Custer Family Planning .....	701-255-3535
Experience Health ND.....	866-435-4306
First Choice Clinic.....	701-751-4575
Northland Community Health Center .....	701-255-4242
Sanford Hospital .....	701-323-6000
St. Alexius Hospital .....	701-530-7000
UND Family Practice Center.....	701-751-9500

### MEDICATION ASSISTANCE

North Dakota Association for the Disabled .....	701-838-7345
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# WHERE TO GO FOR HELP

This is not a complete list of services. For more information, call 2-1-1 or visit [www.myfirstlink.org](http://www.myfirstlink.org)

## BISMARCK / SURROUNDING AREA RESOURCES:

ACCESS POINTS (If you are homeless you MUST start at one of the following highlighted places):

<b>Community Action Program</b> .....	701-258-2240
2105 Lee Ave., Bismarck	
<b>Ruth Meier's Hospitality House</b> .....	701-222-2108
1100 E. Boulevard Ave, Bismarck	
<b>Salvation Army</b> .....	701-223-1889
601 S. Washington St, Bismarck	
<b>Welcome House</b> .....	701-751-0142
1902 E. Thayer, Bismarck	
<b>Youthworks</b> .....	701-255-6909
221 W. Rosser Ave, Bismarck	

## EMPLOYMENT

Command Center .....	701-250-9675
Community Options.....	701-751-1406
Job Service of ND .....	701-227-3100
Labor Finders .....	701-258-6007
Labor Max Staffing.....	701-751-7014
Labor Ready .....	701-258-9800

## HOUSING / RENTAL ASSISTANCE

Aid Inc .....	701-663-1274
Burleigh County Housing Authority .....	701-255-2540
Community Action Program .....	701-258-2240
Community Works .....	701-667-7600
Money Follows the Person Housing.....	800-233-1737
Morton County Housing Authority .....	701-663-7494
North Dakota Housing Finance Agency.....	800-292-8621
Salvation Army.....	701-223-1889
Standing Rock Housing Authority.....	701-854-3891
Supportive Services for Veteran Families.....	701-258-2240
VA Supportive Housing (HUD-VASH).....	701-200-1057
Welcome House .....	701-751-0142

## TRANSPORTATION

Aid Inc .....	701-663-1227
Capitol Area Transit .....	701-751-6188
Dakota Taxi.....	701-989-8676
North Dakota Association for the Disabled .....	800-532-6323
Taxi 9000 .....	701-223-9000
Uber/Lyft.....	App on Smart Phone

## VETERAN RESOURCES

Military Service Center .....	701-333-3800
Supportive Services for Veteran Families.....	701-258-2240
VA Supportive Housing (HUD-VASH).....	701-200-1057
Vet Center .....	701-224-9756
VA Clinic .....	701-221-9152

## LEGAL ASSISTANCE

Legal Services (Under 60 years old) .....	800-634-5263
Legal Services (60+ years) .....	866-621-9886

## THRIFT STORES

Aid Inc .....	701-663-2122
Dakota Boys and Girls Thrift Store .....	701-223-7979
Goodwill Store .....	701-222-7210
Seeds of Hope .....	701-222-8895
The Arc .....	701-222-1854

## COUNTY SOCIAL SERVICES

Burleigh County Social Services.....	701-222-6622
Emmons County Social Services .....	701-254-4502
Grant County Social Services .....	701-622-3706
McLean County Social Services (Stanton) .....	701-745-3384
McLean County Social Services (Washburn) .....	701-462-3581
Morton County Social Services.....	701-667-3395
Sheridan County Social Services.....	701-363-2281
Sioux County Social Services .....	701-854-3821

## ADVOCACY/ADULT SERVICES

Abused Adult Resource Center .....	701-222-8370
(Domestic Violence/Sexual Assault)	
HIV/STD/Ryan White Program .....	701-328-2378
Native American Development Center .....	701-595-5181
North Dakota Center for Persons with Disabilities..	800-233-1737
Protection & Advocacy .....	701-328-2950
Social Security.....	877-319-6044
Vulnerable Adult Protection Services.....	855-462-5465

## ADDITIONAL RESOURCES

Aging Disability Resource Link (ADRL).....	855-462-5465
Bismarck Police Department .....	701-223-1212
Emmons County Sheriff Department .....	701-254-4411
Kidder County Sheriff Department .....	701-475-2422
Mandan Police Department .....	701-667-3250
McLean County Sheriff Department .....	701-462-8103
Mercer County Sheriff Department.....	701-745-3333
Sheridan County Sheriff Department .....	701-363-2200
Sioux County Sheriff Department .....	701-854-3481

For additional copies of this pocket resource guide, contact MFP Housing at 701-858-3580.

