

North Dakota Center for Persons with Disabilities

Annual Report 2016-2017



GOAL 1: Inclusive Communities - NDCPD will increase ND communities' capacity to support individuals with disabilities and their families.

GOAL 2: Workforce Development – NDCPD will provide effective preservice and outreach training that will increase the number of, and quality of direct support and other professionals in the human services and other related fields.

GOAL 3: Self-Determination - NDCPD will support individuals with disabilities and their families/caregivers in ways that maximize their capacity, strengths, and abilities to exercise greater choice and self-determination.

GOAL 4: Healthy Citizens - NDCPD will improve systems and services of healthcare for persons with disabilities.

NDCPD BY THE NUMBERS

101 staff members



31 funded projects

E TOUR

937
activities with collaborating agencies

All **53** North Dakota counties received services from NDCPD projects



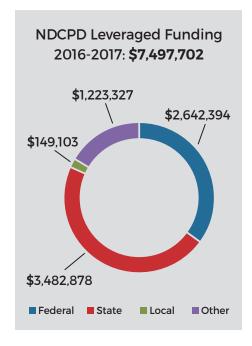
170,000 in-state miles





students with IDD attending college

156
families in early
intervention services





Great Plains Interdisciplinary Autism Diagnostic Clinic

GPIC provides diagnostic services to North Dakota children and youth. The clinic houses an interdisciplinary team who conduct arena-style assessments in collaboration with the child's local team and family.

"I felt the whole team was good and keyed into our son. They interacted with us and our son."

> "I liked that questions were explained to me so that I understood what was being asked."

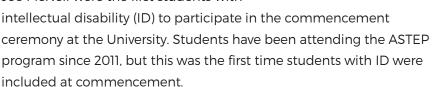
"I was overwhelmed by the level of expertise in the room and to have them all together talking to one another about aspects of my son's development was simply amazing."

- GPIC participant

ASTEP

Advancing Student Transition into Educational Programs

Think College featured two students making history in the ASTEP Program at Minot State University. Holly Sheetz and Joe McNeil were the first students with



...vibrant and challenging
...bolstered his sense of self
...supportive and encouraging independence

ASTEP has been critical in moving my son from his high school transition program into a collegiate setting! Immeasurable is the gratitude that we as parents feel towards the staff. Their work is critical and should be supported in every way possible.

Parent of an ASTEP student

North Dakota Early Hearing Detection and Intervention

ND EHDI offers supports to North Dakota's hearing care providers through trainings, education, data monitoring and tracking to assure North Dakota infants receive complete hearing care and are offered early intervention and family support services.

We feel incredibly blessed by our little girl and all the people from the early screening process to our amazing outreach people. Emma's success, in part, will always be due to North Dakota's Early Hearing Detection and Intervention.



13,027 births in ND

birthing hospitals

99% of infants had birth hearing screenings

Support Plan Capacity Building Project

The behavior Support Plan Capacity
Building Project hosted a two-part, four-day
training for 85 participants across North
Dakota. Participants were taught how to
determine and handle crisis management,
as well as how to write a functional
behavioral assessment (FBA).

After the conference, participants commented: "Very interesting speaker, I learned a lot!" and "The tools shared were wonderful!"

t Infant Development Program

The Minot Infant Development Program partnered with the Communications Disorders Clinic at Minot State University to assist with in-home assessments. Thirty-one MSU first year graduate students accompanied MIDP early interventionists on home visits to see how early intervention services are provided in a child's natural environment.



staff in the past year

Senior Medicare Control Project

The SMP project educated Medicare beneficiaries on healthcare fraud.





Medicare beneficiaries reached

ev Follows he Person

To assist consumers on limited budgets, the Region VII Housing Collaborative developed a Guide to Renting Affordable Housing. It was created to help vulnerable populations navigate applying for affordable housing. The guide covers:

- · determining affordability
- · understanding your credit score
- · your apartment resumé
- · asking the right questions
- repairing your background,
- · understanding your lease
- · qualifying for public housing

Achieving Success by Promoting **Readiness for Education and Employment**

An ASPIRE Case Manager assisted a refugee family and youth with disabilities living in North Dakota to navigate the process to become U.S. citizens, and for the youth to have the necessary guardianship process completed. In addition, through the encouragement of ASPIRE case management, the parent gained more reliable employment and necessary community supports. The youth also increased her independence through improved access to health care, partnerships with the schools and access to assistive technology. ASPIRE staff look forward to continuing to work with this youth and family to help them achieve their goals for employment, education, and self-determination.

Active Support and System Change Project

The Active Support and System Change project serves to assure that people with IDD are actively and consistently engaged in meaningful activities throughout the day by

direct support professionals and front line supervisors.

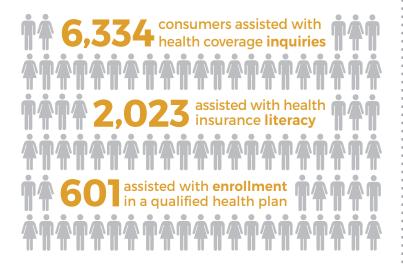
Visual Schedules - A young woman with a IDD was working on a cleaning crew. She resisted any coaching from staff by becoming agitated and lashing out verbally. After thinking about how to support this woman in being successful the staff decided to provide her with a picture/word schedule. That way she could have choice and control instead of being dependent on staff. The woman instantly took over the new schedule and made it her own, deciding in what order to do tasks and adding several. Staff went from being the "enemy - telling me what to do," to "being a support partner, helping me to succeed." Everyone wins!



North Dakota Navigator Project Healthcare Marketplace

The North Dakota Navigator Project is funded by the Department of Health and Human Services, Centers for Medicare and Medicaid and has been serving the people of North Dakota since 2013. Certified, trained Navigators located across the state assist consumers with accessing healthcare coverage by explaining their options, answering their questions, and guiding them through the enrollment process step by step.

These services are free to all North Dakota residents.



427
assisted with
Medicaid/CHIP
applications

733 referred to other consumer assistance/ health insurance programs

245 referred to Medicare

411 eligible for Advanced Premium Tax Credits/Cost Share Reduction

Living Works SafeTALK

The Living Works SafeTALK training is an evidence based suicide prevention training that prepares individuals to become a suicide-alert helper

in their community. This training was an important part of creating suicide-safer communities which augment intervention resources to identify and avert suicide risks. It brought the community together to encourage communication about suicide prevention and promote suicide prevention and resilience. SafeTALK is a powerful experience and has highlighted the value to improve and integrate suicide prevention resources in the community at large.

67 participants received training, ranging from grandparents to pastors, teachers, first responders and the medical community

"I feel that this training would be valuable to all members of the community and all professionals."

96%
reported after
the training that
they felt well/
mostly prepared
to talk directly
and openly to a
person about their
thoughts of suicide

"I learned a lot of new ways to detect suicide and new techniques on how to intervene."

98% would rate this training with an eight or above



North Dakota Center for Persons with Disabilities

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NDCPD Mission:

To provide service, education, and research which empowers communities to welcome, value and support the well-being and quality of life for people of all ages and abilities.